







# PRADHAN MANTRI TB MUKT BHARAT ABHIYAAN

# **GUIDANCE DOCUMENT**





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## **Background**

India has the world's highest tuberculosis (TB) burden, with an estimated 26 lakh people contracting the disease and approximately 4 lakh people dying from the disease every year. The economic burden of TB in terms of loss of lives, income and workdays is also substantial. TB usually affects the most economically productive age group of society resulting in a significant loss of working days and pushing TB patients further into the vortex of poverty.

The Ministry of Health and Family Welfare (MoHFW) is implementing an ambitious National Strategic Plan with the goal to achieve SDG End TB targets by 2025. The challenge of tuberculosis requires a multi-sectoral response to address the social determinants like nutritional support, living and working conditions, and an increase in access to diagnostic and treatment services.

Although the efforts of the government are yielding significant results, the community and the institutions in the society can play a critical role in filling gaps and addressing social determinants, thereby contributing to the national goal. For effective engagement of the community in the path towards ending TB in India, MoHFW is implementing the "Community Support to TB patients - Pradhan Mantri TB Mukt Bharat Abhiyaan.

Ni-kshay Mitra (Donor) for this program include co-operative societies, corporates, elected representatives, individuals, institutions, non-governmental organizations, political parties and partners who can support by adopting health facilities (for individual donor), blocks/urban wards/districts/states for accelerating response against TB to complement government efforts, as per the district-specific requirements in coordination with the district administration.

The State and district administration will support Ni-kshay Mitras in prioritizing districts and provide guidance on critical gap analysis and district-specific needs. The support provided to the patient under this initiative is in addition to the free diagnostics, free drugs and Ni-kshay Poshan Yojana provided by National TB Elimination Programme (NTEP) to all TB patients notified from both public and private sector.

# **Objectives of The Initiative:**

- 1. Provide additional patient support to improve treatment outcomes of TB patients
- 2. Augment community involvement in meeting India's commitment to end TB by 2025
- 3. Leverage Corporate Social Responsibility (CSR) activities

#### **Stakeholders For The Initiative:**

- TB Patient
- Community
- Ni-kshay Mitra Co-operative / Corporate / Elected Representative / Individual / Institution /
   NGO / Political Party / Partner
- State & District Administration
- Central TB Division MoHFW GoT

# **Scope of The Initiative:**

- 1. The Ni-kshay Mitra shall provide additional support to all the on-treatment TB patients who have given consent for support, in the selected health facilities /blocks/urban wards/districts/states.
- 2. Only individual Ni-kshay Mitra can choose patients from a given health facility. The other Ni-kshay Mitras have to choose the entire geographical unit (blocks/urban wards/districts/states).
- 3. The type of additional assistance that may be provided by the Ni-kshay Mitra to on-treatment TB patients who have given consent for support shall include the following:
  - a. Nutritional support
  - b. Additional investigations for the diagnosed TB patients
  - c. Vocational support
  - d. Additional nutritional supplements
- 4. The minimum period of commitment for providing additional support to the TB patient shall be one year.

# Nutritional Support: Food basket (per month)

OPTION 1			
S. No	Food groups	For adults	For children
	Cereals & millets	3 kg	2 kg
2	Pulses	1.5 kg	1 kg
3	Vegetable cooking Oil	250 g	150g
	Milk powder/ Milk#	1 kg /6000ml	750g

OPTION 2			
S. No	Food groups	For adults	For children
	Cereals & millets	3 kg	2 kg
	Pulses	1.5 kg	1 kg
3	Vegetable cooking Oil	250 g	150g
	Eggs	30nos	30nos
5	Milk powder/ Milk#	1 kg /6000ml	750g

- # Aflatoxin free groundnuts 1000gm for adults & 700gm for children may be used as component of food basket in place of milk/milk powder
  - a. The Ni-kshay Mitra may decide on the food basket as per local context & cultural practices
  - b. The Ni-kshay Mitra may consider working with a mutually agreed NGO/SHG for delivery or uptake
- For micronutrients adequacy, patients may be encouraged to consume locally available fresh vegetables, beans and fruits every day.
- In addition, a supplement containing one Recommended Dietary Allowance (RDA) of B complex vitamins, especially Pyridoxin (B6) and vitamin C may be provided as long as the patient receives treatment.
- 3. One RDA of other vitamins and minerals may be supplemented during active TB disease.

# **Expected Output of The Initiative:**

- 1. This initiative will increase the active involvement of society in the fight against tuberculosis.
- 2. This activity aims at increasing awareness among the public regarding tuberculosis.
- 3. Involvement of the community in supporting the treatment cascade shall also help in the reduction of stigma.
- 4. Provision of additional support to the TB patient shall also result in the reduction of the out-of-pocket expenditure for the family of the TB patient.
- 5. Ultimately improved nutrition for the TB patient shall result in better treatment outcomes.

# **Operational Plan for the Initiative:**

- 1. Preparation of the health system in the states and districts about the initiative including Ayushman Bharat Health and Wellness Centres (AB-HWCs).
- 2. Dissemination plan for the initiative.
- 3. Nation-wide drive for obtaining consent from TB patients.
- 4. Identification of Ni-kshay Mitra & registration of willingness to support TB patients.
- 5. Needs assessment of the blocks/urban wards /districts/states.
- 6. Delivery of services/support to the beneficiary.
- 7. Reporting on Ni-kshay portal.
- 8. Grievance redressal.

# Preparation of The State & District Administration Including The Health System

ROLE OF MISSION DIRECTORS	<ul> <li>Provide guidance to the state and district administration strategizing this flagship initiative in their respective States/UTs.</li> <li>Support scaling up of the initiative by engagement with Ni-kshay Mitras at the state and the district levels.</li> <li>Issue a letter to the District Magistrates/Collectors and other line departments to provide support and scale up of the initiative.</li> </ul>
ROLE OF STATE TB OFFICERS	<ul> <li>Under the Chairpersonship of Mission Director, facilitate the engagement of potential Ni-kshay Mitras with the state and district administration.</li> <li>Facilitate the necessary discussions with Public Sector Undertakings (PSU) and heads of the other departments in scaling up the initiative, in their respective State/UT and Districts.</li> <li>Conduct cascade training for the NTEP staff.</li> </ul>
ROLE OF THE DISTRICT TB OFFICER	<ul> <li>Identify potential Ni-kshay Mitras from within and outside the district.</li> <li>Perform the Needs Assessment of the TB patients who are on active care in the district.</li> <li>Engage in dialogue with the Ni-kshay Mitras to discuss, finalize and plan the provision of additional support to the TB patients.</li> <li>Ensure a continuum of basic and additional support to all the TB patients in the geography adopted by the Ni-kshay Mitras.</li> </ul>
ROLE OF THE FIELD HEALTH STAFF	<ul> <li>Provide support for the initiative by obtaining consent from the notified TB patients and ensure entry on Ni-kshay portal.</li> <li>Provide support for the delivery of the additional support to the eligible TB patients.</li> <li>Ensure all eligible patients receive the additional care and finish the treatment with successful treatment outcomes.</li> </ul>

# I. Dissemination Plan For The Initiative

The Central TB Division will facilitate the following activities:

S. No	Activity	Details
		a. Video Asset/s (30-40 seconds)
		b. Assets to be sent via Ni-kshay Platform (SMS/other digital
1.	Towards Beneficiaries	assets for WhatsApp)
		c. Digital Banner on Ni-kshay platform
		d. Outdoor assets: Hoarding / Poster/ Leaflet (including FAQs)
2.	Towards Potential Ni-kshay	a. Information Brochure
۷.	Mitras	b. Short AV testimonials
3.	For Implementers	a. Job Aids
4.	Multi-sectoral support	a. Digital Assets to be placed on gov.in/ nic.in
4.	Multi-Sectoral Support	b. Engagement with PIB & Ministry of Corporate Affairs.
5.	Dissemination	a. Social Media Assets for CTD and mygov.in
5.		b. Print Advertisement
6.	Poporting	a. Newsletter Template
0.	Reporting b. Success Stories on Social Media	b. Success Stories on Social Media

# II. Nation-wide drive for obtaining consent from Active TB Patients

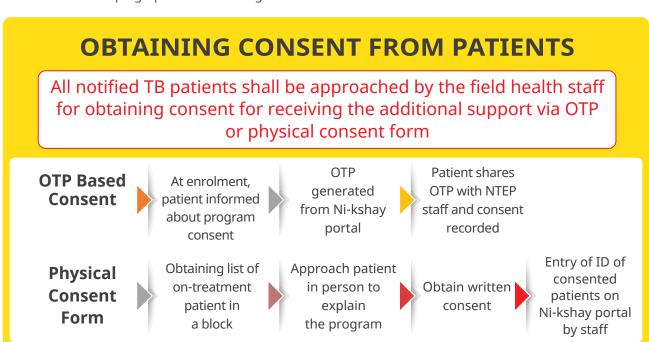
S. No	Activity	Responsible Entity
1	Design and development of consent form	CTD
2	Dissemination of consent forms, and instructions for health staff on obtaining consent to States/UTs	CTD
3	Development of Ni-kshay Module for entering consent details	CTD
4	Translation of consent form to local language	State/UT TB Cell
5	Dissemination of consent form & instructions to districts, blocks, and cities	State/UT TB Cell
6	Printing of consent forms & distribution to facilities including AB-HWCs	District TB Cells/Block or City Health Offices
7	Informing existing TB patients and new patients being notified about the initiative and obtaining their consent for enrolment (List of current TB patients shall be shared by the TB Unit with PHCs/sub-centers concerned)	TB Units/PHCs/UPHCs/Sub Centers
8	Entering details of consent (Status – Consented/Declined, Date of Consent, Name & Designation of health staff who obtained the consent) on Ni-kshay portal	TB Units/PHCs/UPHCs/Sub Centers

# **Recording consent/decline of consent with physical form:**

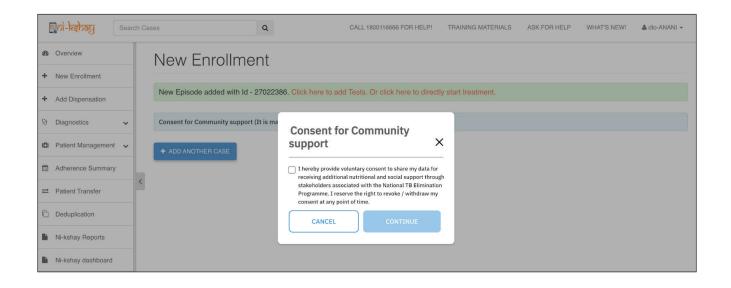
- All TB patients who are notified (as per current facility), whose treatment outcome is not updated, shall be approached for consent (Annexure 1) for availing community support under this intervention.
- The list of such patients shall be generated from Ni-kshay portal at the block/urban ward level by the corresponding TB Unit and shall be shared with the concerned PHC/sub-center for further action
- STS/STLS/TB-HV/CHO/MPW (male or female)/ASHA shall approach the patients directly in person, listed from their area, and inform them about the support available under this intervention. The patient and family shall be also informed that their details shall be made available to the Ni-kshay Mitra.
- The patient must be told that they are free to enroll or not to enroll in the program, and this decision
  will not affect any of the existing services available to the patient. The health worker shall then seek
  consent from the patients for enrolling them for the support using the consent form. The patient shall
  provide consent by signing/giving a thumb impression on the consent form.
- The status of the consent /decline of consent shall be entered on Ni-kshay portal by the concerned health staff. If there is any problem in obtaining consent physically, the consent can be obtained through OTP as per the details mentioned below.

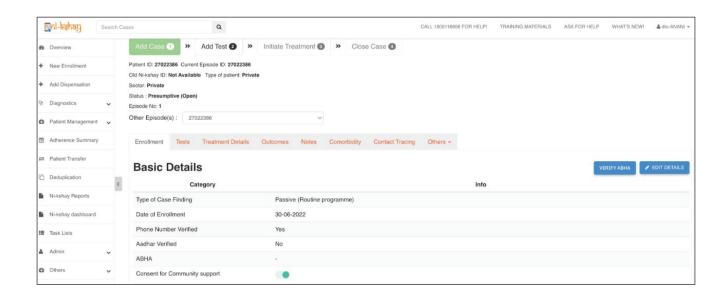
# **Obtaining OTP-based consent:**

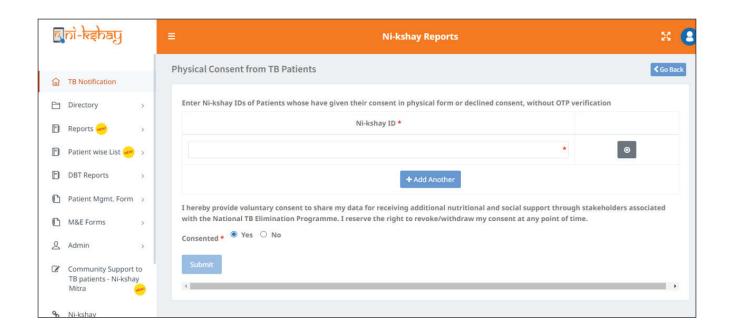
- All TB patients shall be informed about the initiative and approached for their consent at the time of enrolling them on the Ni-kshay portal.
- Once the details of the consent are entered in the Ni-kshay portal, OTP will be generated and sent to the registered mobile number of the patient.
- The OTP shall be shared by the patient with the staff for confirming the status of the consent.
- The staff shall enter the OTP and complete the process of obtaining consent.
- Consolidated updates on the status of consent obtained shall be reviewed at appropriate levels at the end of the campaign period and at regular intervals later.











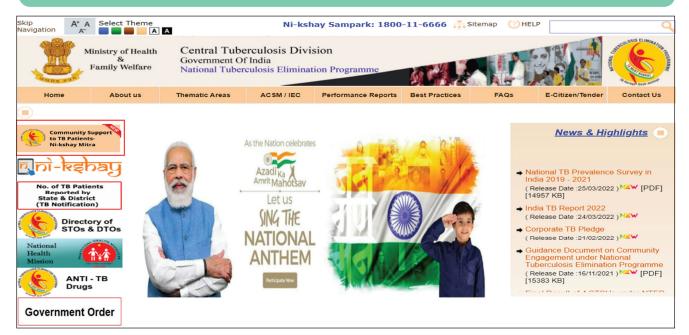
# III. Identification and Registration of Ni-kshay Mitras for willingness to support TB Patients

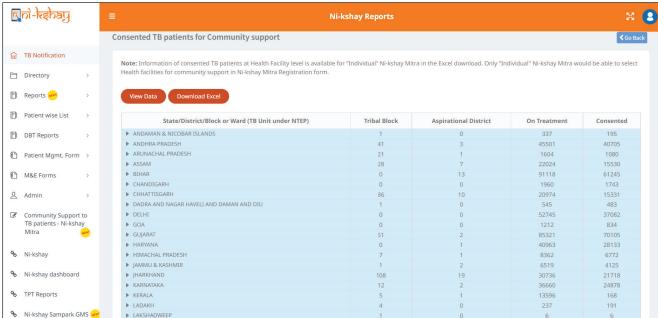
- NTEP is engaging with potential Ni-kshay Mitras across the country Corporates, Public Sector Undertakings, Institutions, Individuals, Elected representatives etc.
- Supporting States/ UTs in their efforts, Central TB Division will run a special drive for registration of the potential Ni-kshay Mitras and the commitment for providing support to TB patients in the health facilities /blocks/urban wards/districts/states.
- The details of the initiative along with an open invite for registering as Ni-kshay Mitra will be issued by CTD and will be disseminated using national media and social media. The same shall be disseminated by the States/UTs also for ensuring reach to potential Ni-kshay Mitras in the States/UTs.
- A webpage on the Ni-kshay portal has been created for self-registration by potential Ni-kshay Mitras. The portal will have provisions to enter the details of the Ni-kshay Mitras and view the number of on- treatment TB patients who have provided consent in health facilities/ blocks (or urban wards)/districts/state. The Ni-kshay Mitras can choose one or more health facilities/ blocks (or urban wards)/districts/state and the intended duration for providing support. They can also enter the type of assistance that they would like to provide for the patients in the area.
- One Ni-kshay Mitra can support multiple geographies. However, in order to ensure that the support is
  made available across the country, each geographic unit can have support only from one Ni-kshay
  Mitra. The blocks/urban wards/districts/health facilities already selected by a Ni-kshay Mitra shall be
  excluded from the list of geographies available for selection by other potential Ni-kshay Mitras.
- Once the Ni-kshay Mitra is registered, all the TB patients in the committed geography who have provided consent for additional assistance shall be eligible for receiving assistance from the Ni-kshay Mitra.

The following variables would be available for registration of Ni-kshay Mitras on Ni-kshay portal: (Annexure II -Ni-kshay Mitra Registration Form)

- 1. Date of entry
- 2. Name of Ni-kshay Mitra
- 3. Mobile Number
- 4. Email Address
- Communication Address
- 6. Type of Ni-kshay Mitra

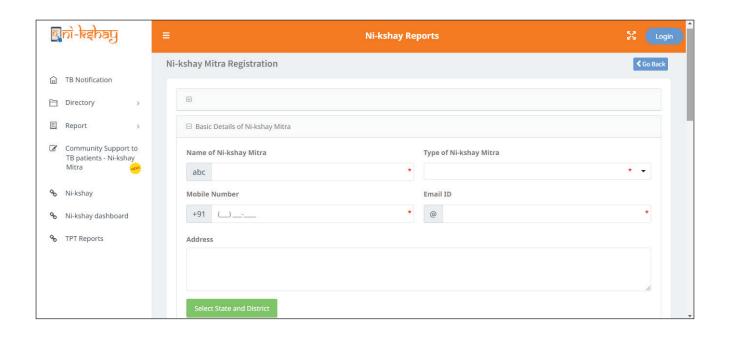
- 7. Types of support
- 8. Duration of support
- 9. Geographic area selected and area(s) committed by the Ni-kshay Mitra
- 10. Declaration

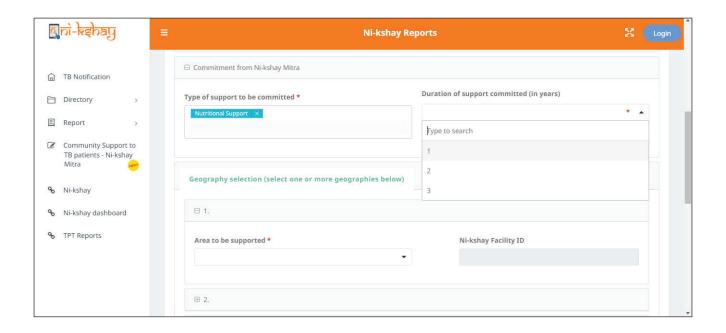




#### Upon submission of the form -

- A Unique ID is generated & used for future reporting
- An email with the contact details of DTO is sent to the Ni-kshay Mitra and the details of the Ni-kshay Mitra is sent to the DTO to facilitate the discussion, planning and implementation of the support committed







From: no-reply@nikshay.in <no-reply@nikshay.in>

Sent: Tuesday, June 14, 2022 10:18 AM

To: Dto123@rntcp.org

Subject: Community Support To TB Patients - Nikshay Mitra(s) - District ANDAMANS & NICOBARS - 13 June, 2022

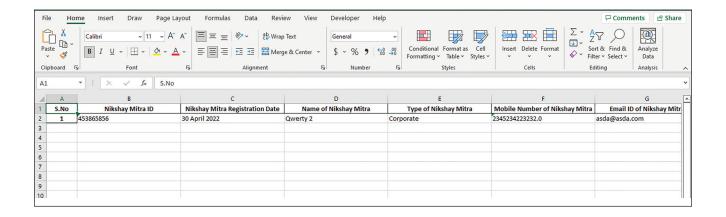
#### Dear DTO

Please find attached the list of Nikshay Mitra(s) who have registered themselves to provide Community Support for Persons with TB.

You are requested to contact Nikshay Mitra based on the details in attachment for further processes. The details agreed with the Nikshay Mitra to be submitted in the DTO Linkage form in Nikshay.

#### Regards,

Central TB Division



## IV. Needs Assessment of the Patients in the selected Geographies

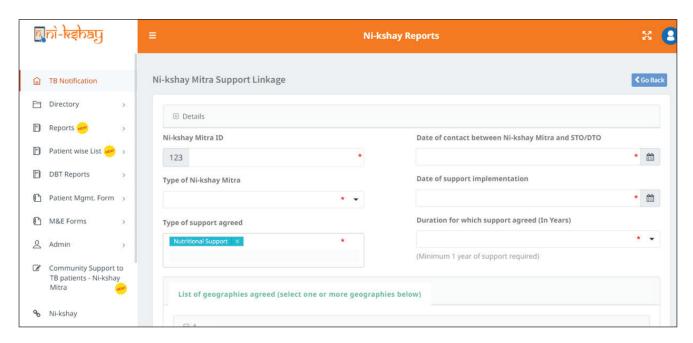
- Upon Ni-kshay Mitra registration on Ni-kshay portal, contact details of District TB Officers and potential Ni-kshay Mitras are shared with each other.
- District TB Officer shall then convene a meeting with the registered Ni-kshay Mitra, preferably under the chairpersonship of the District Magistrate/Collector to discuss and finalize the following:
  - 1. Needs of the TB patients in the selected geography
  - 2. Type of assistance to be provided by the Ni-kshay Mitra
  - 3. Frequency of delivery/quality of assistance to the patient
  - 4. Mode of delivery
- The details of the mutually agreed commitment from the Ni-kshay Mitra shall be entered on the Ni-kshay portal by the DTO with the date of contact with Ni-kshay Mitra and the date of support implementation.

The following variables are proposed for DTOs to update mutually agreed commitment from Ni-kshay Mitra:

- Ni-kshay Mitra ID
- Type of Support
- Duration of Support

- Date of Contact between Ni-kshay Mitra and DTO
- Agreed Geography

In case of selection of multiple districts in the same state/UT by a single Ni-kshay Mitra, the details of the assistance shall be discussed under the chairpersonship of Additional Chief Secretary/Principal Secretary/Secretary (Health). STO shall convene the meeting and District Magistrate/Collector and DTO of the districts concerned shall take part in the meeting. The assistance shall be as agreed with each district.



# V. Delivery of Services/Support to the beneficiaries & Reporting on Ni-kshay

- The assistance shall be provided by the identified Ni-kshay Mitra to the patient, as mutually agreed with the district administration.
- The Ni-kshay Mitra and the district administration can utilize existing systems or develop new systems to deliver assistance to the TB patients.
- In case of developing a new system for delivering the assistance to the patients, the following may be considered for involvement:
  - 1. NGO(s) already serving the geography
  - 2. Self-Help Group members
  - 3. Any other supply chain management system in the geography
- The Ni-kshay Mitra should ensure the quality of in-kind assistance provided to the TB patients. Regular monitoring and reporting of the same by the district administration is required.
- The Ni-kshay Mitra shall not use beneficiary data and shall not share this data with anybody/ or any organization for any other purpose.
- The list of active TB patients who have consented to receive the community support shall be shared with the Ni-kshay Mitra on the 23rd of every month, for all the agreed geographies.

From: no-reply@nikshay.in <no-reply@nikshay.in>

Sent: Tuesday, June 14, 2022 10:25 AM

To: Ni-kshaymitra@abcde.com

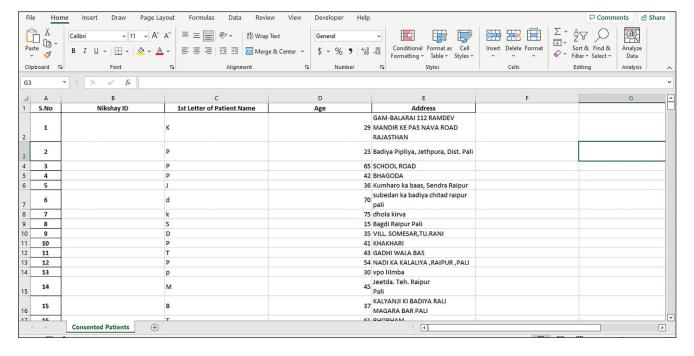
Subject: Community Support To TB Patients -Consented Patients (Monthly Extract) - June, 2022

Dear Sir/Madam,

Please find attached the list of consented patients who belong to the geographies where you have committed to provide Support.

Regards,

Central TB Division



- The Ni-kshay Mitra shall also ensure that the agreed benefits are delivered to the patients as per agreed timelines. The status of receipt of assistance by the patients shall be jointly reviewed by the district TB cell and the Ni-kshay Mitra at regular intervals.
- The DTO shall confirm and report the support provided (Ni-kshay Mitra Support Follow Up Confirmation Form) at fixed periodic intervals.

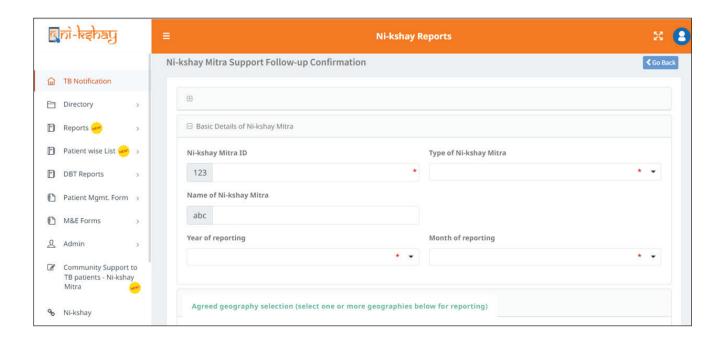
### The following variables are proposed for DTO monthly reporting:

Ni-kshay Mitra IE

List of Geographies agreed

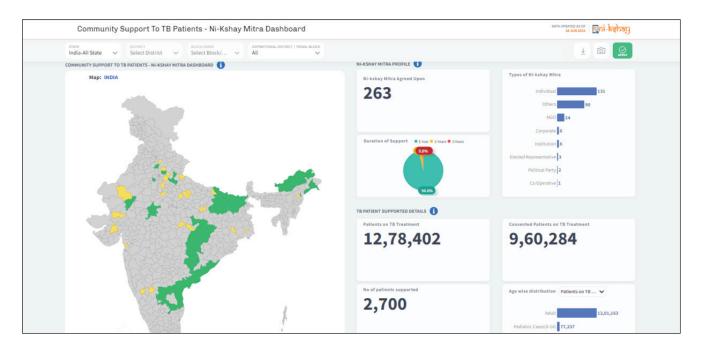
Month / Year

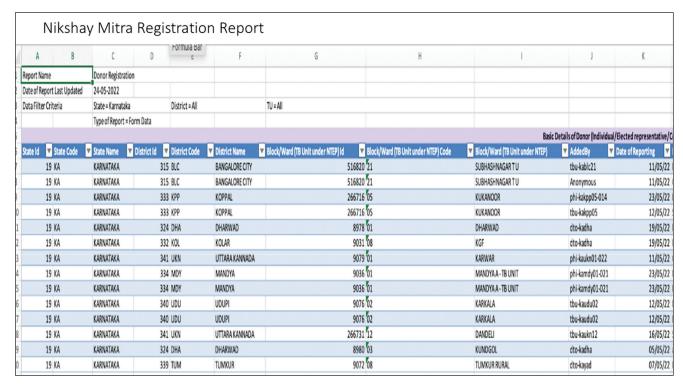
Number of TB Patients supported



# **Reports on Ni-kshay Portal**

- Detailed report/dashboard available on -
  - 1. Community Support to TB patients Ni-kshay Mitra Dashboard
  - 2. Ni-kshay Mitra Registration Report
  - 3. Ni-kshay Mitra Support Linkage report
  - 4. Ni-kshay Mitra Support Follow-up Confirmation report





## **Grievance Redressal Mechanism**

In situations of any grievances for the TB patients, registration of the grievance can be done on the Ni-kshay Sampark Helpline Number 1800-11-6666 for redressal.

# **Annexure - I - Consent for Community Support**

# NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME INFORMED CONSENT FOR DATA SHARING

## FOR ADDITIONAL NUTRITIONAL & SOCIAL SUPPORT

I hereby provide voluntary consent to share my data for receiving additional nutritional and social support through stakeholders associated with the National TB Elimination Programme. I reserve the right to revoke / withdraw my consent at any point of time

, withdraw my consent at any point of time
Date: Name of the Person/Parent/Legal Guardian
Ni-kshay Id:
Signature/Thumb impression
Note: If the person/patient is less than 18 years of age at the time of giving this consent, then consent fron their parent/legal guardian is required.

# Annexure - II - Ni-kshay Mitra Registration Form

#### A. Basic Details of Ni-kshay Mitra

- 1. Name of Ni-kshay Mitra
- 2. Type of Ni-kshay Mitra
  - Co-operative
  - Corporate
  - Elected representative
  - Individual
  - Institution
  - NGO
  - Political Party
  - Others (with open field for entry)
- 3. Mobile number of Ni-kshay Mitra
- 4. Email of Ni-kshay Mitra
- 5. Address
- 6. State
- 7. District

#### B. Commitment from Ni-kshay Mitra

- 8. Type of support to be provided
  - Nutritional support
  - Vocational Support
  - Diagnostics
  - Additional Nutrition Supplement
- 9. Duration for which support to be provided (in years)
  - 1
  - 2
  - 3

## Geography selection-1 (Selection would appear based on the options selected)

- 10. Geography to be supported State, District, Block/Ward (TB Unit under NTEP), Health Facility (PHI under NTEP)
- 11. Details of geography to be supported (More than one area of support could be selected in Ni-kshay)
- 12. Declaration: I/we assure that I/we shall not use beneficiary data for any purpose other than this program for "Community Support to TB Patients Pradhan Mantri TB Mukt Bharat Abhiyaan" and shall not share the beneficiary data with any individual/organization. I/we assure that I/we shall provide all the supported TB patients with Good quality and uninterrupted services, and I/we shall solve immediately any grievance that has been reported.

# **Central TB Division**

Ministry of Health and Family Welfare, New Delhi - 110011 www.tbcindia.gov.in

