

Stay Safe: Prevent TB with Simple Treatment!!

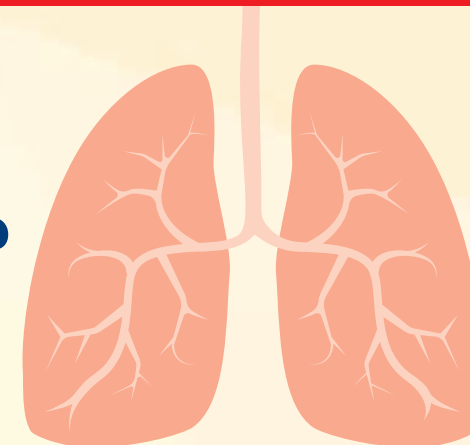


Do you know ?

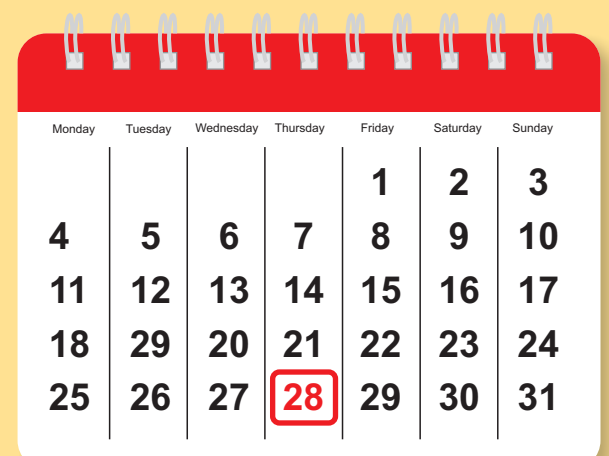
People living with HIV, are 18 times more likely to develop TB disease and is the leading cause of death.

What is Tuberculosis Preventive Treatment (TPT)?

Tuberculosis Preventive Treatment consists of a course of one or more anti-tuberculosis (TB) drugs that are effective in preventing tuberculosis disease.



TPT is initiated in the eligible People living with HIV after ruling out TB disease



Shorter 1HP TPT regimen

1HP is a fixed-dose combination (FDC) of the drugs **Isoniazid (H)** and **Rifapentine (P)**. It is a short-course TPT regimen for people living with HIV (PLHIV), given once daily over **28 days**.

Who should be offered 1HP ?

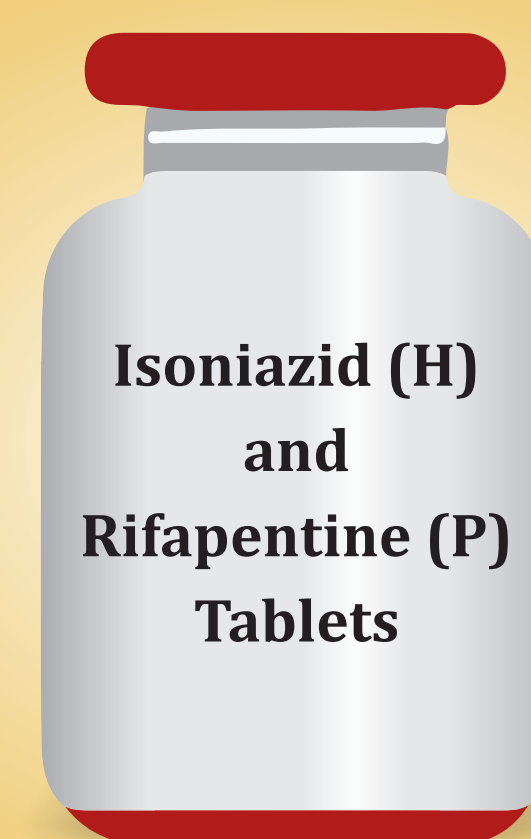
1HP is offered for eligible PLHIV ≥ 13 years of age and older after ruling out TB disease, prescribed at the start of Antiretroviral Therapy (ART) or while on ART *without TB disease, regardless of CD4 count, viral load suppression, and previous history of TB disease treatment.*

Benefits of 1 HP



- Fewer doses
- Shorter treatment duration
- Better adherence
- Easier administration
- Minimal side effects

Regimen	Dose by age and weight band
1 HP- daily Rifapentine and Isoniazid (28 days)	Age ≥ 13 years (regardless of weight)
	Dosage: Once daily Rifapentine 600 mg + Isoniazid 300 mg



REMEMBER



- TPT medication can be taken along with ART to prevent TB disease
- Take your TPT & ART regularly
- Your doctor will decide which TPT regimen will be most suitable for you
- Have a balanced diet
- Visit the nearest health facility if:
 - You notice any side-effects
 - Symptoms of TB (cough, high temperature, weight loss, or night sweats)

* For more information, contact:

Your nearest ART centre or
National AIDS Helpline
Toll free no.1097

OR

TB Helpline Toll free no.
1800116666

You can also download 'TB Arogya Saathi' app from Google Play Store

Tuberculosis is Preventable and Completely Curable

TPT medications are available free of cost at all government hospitals.