

# Stay Safe: Prevent TB with Simple Treatment!!



## Do you know ?

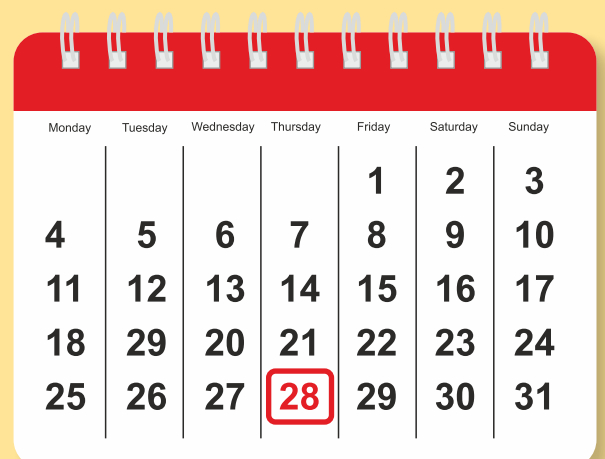
People living with HIV, are 18 times more likely to develop TB disease and is the leading cause of death.

## What is Tuberculosis Preventive Treatment (TPT)?

Tuberculosis Preventive Treatment consists of a course of one or more anti-tuberculosis (TB) drugs that are effective in preventing tuberculosis disease.



**TPT is initiated in the eligible People living with HIV after ruling out TB disease**



## Shorter 1HP TPT regimen

**1HP** is a fixed-dose combination (FDC) of the drugs **Isoniazid (H)** and **Rifapentine (P)**. It is a short-course TPT regimen for people living with HIV (PLHIV), given once daily over **28 days**.

## Who should be offered 1HP ?

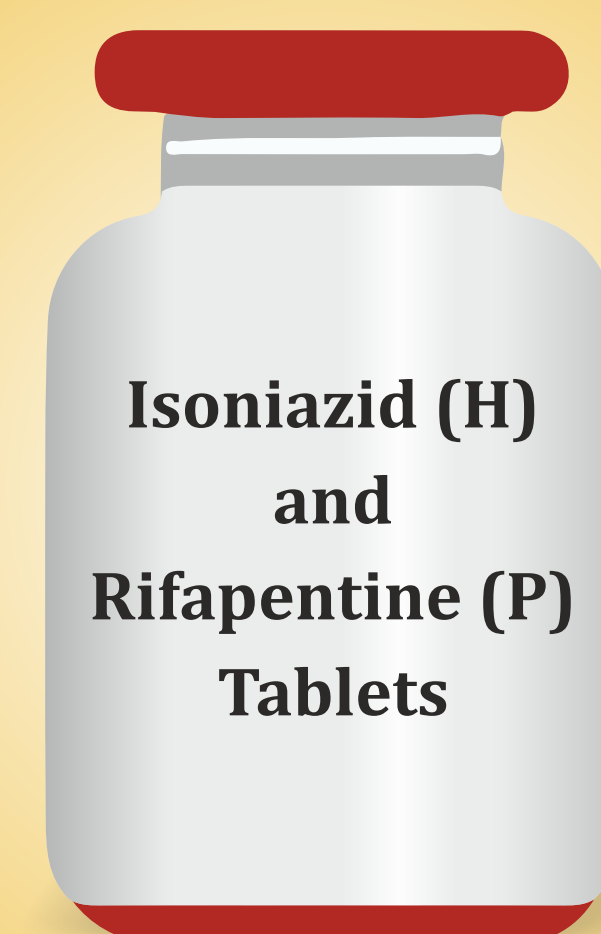
**1HP** is offered for eligible PLHIV  $\geq 13$  years of age and older after ruling out TB disease, prescribed at the start of Antiretroviral Therapy (ART) or while on ART *without TB disease, regardless of CD4 count, viral load suppression, and previous history of TB disease treatment.*

## Benefits of 1 HP



- Fewer doses
- Shorter treatment duration
- Better adherence
- Easier administration
- Minimal side effects

Regimen	Dose by age and weight band				
1 HP- daily Rifapentine and Isoniazid (28 days)	Age $\geq 13$ years (regardless of weight)				
	Dosage: Once daily Rifapentine 600 mg + Isoniazid 300 mg				
	Formulations				
	HP FDC (300/300)	Rifapentine 300 mg	Isoniazid 300 mg	Rifapentine 150 mg	No. of pills
					= 2
				= 3	
				= 3	
				= 5	



## REMEMBER



- TPT medication can be taken along with ART to prevent TB disease
- Take your TPT & ART regularly
- Your doctor will decide which TPT regimen will be most suitable for you
- Have a balanced diet
- Visit the nearest health facility if:
  - You notice any side-effects
  - Symptoms of TB (cough, high temperature, weight loss, or night sweats)

\* For more information, contact:

Your nearest ART centre or  
**National AIDS Helpline**  
**Toll free no.1097**

OR

**TB Helpline Toll free no.**  
**1800116666**

You can also download 'TB Arogya Saathi' app from Google Play Store

# Tuberculosis is Preventable and Completely Curable

TPT medications are available free of cost at all government hospitals.